



Tara Health Screening &
Health Education Programme

The Situation

Since the democratic elections in November 2010, Myanmar's government has undertaken many political and economic reforms as part of its efforts to achieve the vision of becoming a modern, democratic and developed nation by 2030. Therefore, Myanmar is continuing its development and subsequent changes. The government identified their priority areas, such as fiscal and tax reforms, monetary and financial sector reforms, liberalisation of trade and foreign investment, development of the private sector, food security and improvements in the agricultural sector, governance and transparency, the telecommunications and ICT sector, health and education sectors, and the development of basic infrastructure.

Although Myanmar is strongly committed to many of the political and economic reforms and support for the Asian Economic Community 2015 vision of greater economic integration by all the members of ASEAN, this requires further development in terms of capacity and capability, and one that will benefit a broad section of the Myanmar people. When there is change, there are also challenges that the government is likely to face. Many of the reforms have been implemented in a short period of time, but many could take longer, such as the reforms in education and social development. In short, although reforms have started positively, much remains to be done.



Child's Dream Foundation

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Tara Foundation

Tara Foundation is a non-profit organisation. It was officially formed by members of the Border Health Initiative (BHI), members of the Woman and Child Rights Project and the Mon Regional Community. Tara is registered with the national educational department and received approval to operate in November 2015. They mainly work in monastic schools and state schools in Mudon Township and other Mon national education institutions. Tara's vision is for all people to be healthy, happy and to be able to lead peaceful, sustainable, self-reliant lives in the future.



Tara Foundation works in the Mon State in Myanmar.



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Tara Health Screening & Health Education Programme

Child's Dream supports Tara to run a health screening and health education programme that informs and teaches children, aged 4 to 15 years, in Mon State, Myanmar. Their mission is to improve basic healthcare, education, social and self-reliance in civil society groups of poor and marginalised women, children and their families, regardless of ethnicity and religion.

Facts

The objectives of the programme include:

- ✓ To raise awareness of basic health needs and healthcare, give an understanding of well-being, to be able to take care of yourself, your family and your community
- ✓ To give all children access to a quality education and enable them to graduate
- ✓ For all children to develop in a safe and healthy environment with their families

The programme has worked with 800 students, 40 teachers and 3,000 community members in 2016. Tara primarily focuses on teaching children at school. Parents only get involved when problems occur.



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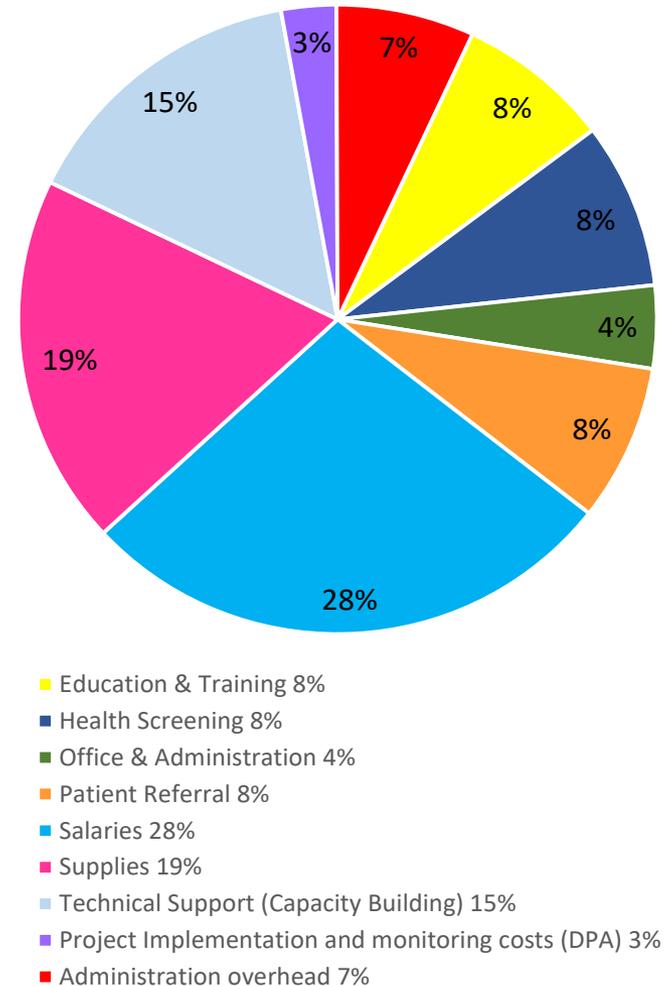
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Budget

The annual budget covers education and training, health screening, office and administration cost, patient referrals, salaries, supplies and technical support.

The total annual amount of **USD 17,000** includes our monitoring (3%) and overhead costs (7%).

Transfers from Child's Dream to Tara are usually made in three instalments during the academic year.



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Monitoring & Reporting

Conditions for our payments to Tara are monthly financial and activity reports, as well as monthly photo reports. We also collect feedback directly during regular visits to the project locations.

As with all our programmes, our reporting to donors will be provided on a semester basis.

Donor visits can be easily arranged.



Explaining the programme

Photos



All students receive a tooth brush



Children brushing their teeth



Health class



Learning how to treat an injury



Health check up



Children learning about health